



SKILLS CENTRES



The Skills Centre creates an environment for all levels of ability where players can develop and become more skilful as well as have fun and love the game of Football. The centres will provide opportunities to learn new skills and enhance existing ones through a specifically designed curriculum

designed by our expert team drawing from our experience and proven track record of improving young players. Through our innovative approach players will develop their movement, technique, decision making to become more skilful and learn how to play the Southampton way.

VENUE	AGE GROUP	TIME	COURSE DATES	INFO
MOUNTBATTEN SCHOOL, ROMSEY (SPORTS HALL)	5-13	6PM - 7PM	WED 7TH SEP - WED 14TH DEC	EXC. OCT 26TH
TESTWOOD SCHOOL, TOTTEN	5-13	5PM - 6.30PM	FRI 9TH SEP - FRI 16TH DEC	EXC. OCT 28TH
PLACES LEISURE, EASTLEIGH	5-13	9AM - 10.30PM	SAT 10TH SEP - SAT 17TH DEC	-
DEER PARK SECONDARY SCHOOL, BOTLEY	5-13	11AM - 12PM	SAT 17TH SEP - SAT 17TH DEC	-
EVEREST SCHOOL, BASINGSTOKE	5-13	10AM - 11.30AM	SAT 10TH SEP - SAT 17TH DEC	-
WESTGATE SCHOOL, WINCHESTER	5-13	10AM - 11.30AM	SUN 11TH SEP - SUN 18TH DEC	-



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SAINTS TOTS



There's nothing better than discovering that first enjoyment of football. And when it's done right, it instills a lifelong love of staying fit and healthy. That's exactly what Saints Tots aims to achieve. Open to 2-4 year olds – it provides the perfect introduction to football. Our coaches are all FA accredited, giving kids balanced and engaging coaching in areas like movement,

dribbling, passing, ball control and finishing – skills every top footballer develops from an early age. But more than that, Saints Tots is about getting little ones moving, starting to play football and above all, having fun.

Isn't it time to give your tot their first fun introduction to football?

VENUE	AGE GROUP	TIME	COURSE DATES	INFO
TESTWOOD SCHOOL, TOTTON	2-4	5PM - 5.45PM	FRI 9TH SEP - FRI 16TH DEC	EXC. OCT 28TH
PLACES LEISURE, EASTLEIGH	2-4	9AM - 9.45AM	SAT 10TH SEP - SAT 17TH DEC	-
PLACES LEISURE, EASTLEIGH	2-4	9.45 - 10.30AM	SAT 10TH SEP - SAT 17TH DEC	-
WESTGATE SCHOOL, WINCHESTER	2-4	10AM - 10.45AM	SUN 11TH SEP - SUN 18TH DEC	-



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